

**THE FROSTBITE TOUR-
RIDE FOR DAVE** is a century
bike ride (100-mile or 100-
kilometer) with a 40-mile option
included. The Tour is organized
by friends of Dave Brumitt, a local
rider who succumbed to esophageal
cancer in 2003. Donations raised
are used to support basic science
research seeking to prevent and
cure gastric and esophageal cancer.

The Tour begins at Archer Lodge
Community Center in Johnston
County and follows well-marked
secondary roads through the rela-
tively flat countryside of Wake,
Johnston and Nash counties. This
is the same route that Dave and
friends rode in February of 2002.
A week later he went in for surgery
to fight his esophageal cancer.

Please consider joining us, or
supporting the Tour by donating
to The Dave Brumitt Foundation
for Gastric and Esophageal Cancer
Research.

The sixth annual Tour starts at 9 am on Saturday,
February 28, 2009 at the Archer Lodge Community
Center near Clayton, North Carolina. See www.frostbiketour.org
for details. The ride will be postponed
(March 7th) or called off only if the roads are too icy/
snowy. There will be no refunds. Checks only if register-
ing by mail, or go to The Frostbite Tour at active.com
to register via credit card. **Checks only during on-site
registration at 8 am on February 28** (if space is avail-
able). Registration is cut off at 300 riders. We encourage
you to register early.



WWW.FROSTBITETOUR.ORG

**FROSTBITE
TOUR**

RIDE FOR DAVE

THE DAVE BRUMITT FOUNDATION
PO Box 6725
Raleigh, NC 27628



*Ride,
Volunteer,
or Donate!*
The Frostbite
Tour bike ride
supports
gastric and
esophageal
cancer
research.

*Donations
go to the
Dave Brumitt
Foundation,
a local
organization
founded in
2003 to
honor the
memory
of local
bike rider
Dave Brumitt.*

*6th Annual Tour
Saturday, February 28, 2009*



SATURDAY, FEBRUARY 28, 2009 AT 9 AM FROM ARCHER LODGE COMMUNITY CENTER. WWW.FROSTBITETOUR.ORG

RIDERS & NON-RIDING DONORS

NAME _____

DATE* _____

E-MAIL (WE'LL USE E-MAIL ADDRESS TO UPDATE YOU ON RIDE PLANS) _____

STREET ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOW DID YOU HEAR ABOUT THE FROSTBITE TOUR? _____

RIDERS

PHONE (H) _____ PHONE (W) _____ CELL PHONE _____

EMERGENCY CONTACT NAME AND PHONE NUMBER _____

INDICATE YOUR PLANS TO RIDE A 100 MILES, 100 KILOMETERS OR 40 MILES _____

PLEASE ESTIMATE WHAT TIME YOU WILL FINISH RIDE (START: 9 AM) _____

Riders please note that due to space constraints, registration will be cut off after the first 300 riders' registration forms are received. **Car-pooling to the Tour site is highly encouraged.**

*Please note that registering after February 10th precludes a "goody bag."

RIDER WAIVER

In consideration of your allowing me to participate in this ride and related events, I, intending to be legally bound, release and discharge any and all claims for damages, death, personal injury or property damage, which I may have, or which may hereafter accrue to me, as a result of my participation in rides and events. This waiver/release is intended to discharge in advance the event organizers, The Dave Brumitt Foundation for Gastric and Esophageal Cancer Research, The Dave Brumitt Foundation's board members, ride leaders, and participants from and against any and all liability arising out of or connected in any way with my participation in the rides and events, even though that liability may arise out of negligence or carelessness on the part of the event organizers, ride leaders, and/or participants. I further understand that serious accidents do occur on bicycle rides and that participants can occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence. Knowing the risks, nevertheless, I hereby agree to assume those risks and to release and hold harmless the event organizers, The Dave Brumitt Foundation, ride leaders, and participants who (through negligence or carelessness) might otherwise be liable to me for damages or injuries. It is further understood and agreed that this waiver, release and assumption of risk is binding on my estate, my heirs, and assigns.

RIDER SIGNATURE AND DATE

WHY HELP?

Every year, over 34,000 Americans are diagnosed with gastroesophageal cancer and more than 25,000 lives are lost to the disease. Cases of esophageal cancer are on the rise, particularly for adenocarcinomas involving the part of the stomach closest to the lower esophagus, and the lower esophagus. For some groups, the rate of adenocarcinomas has increased **more than 350% in 20 years, making this the most rapidly rising cancer in the United States.**

We need basic science research to understand this disease and seek paths to prevention and cure. You can help by becoming becoming a volunteer, a donor, or a sponsored rider. **Together, we can make a difference.**

Ride registration fee **\$30.00**

{ A \$5 SAVINGS. DAY-OF REGISTRATION = \$35 }

Tax-deductible donation
in support of cancer research _____

TOTAL _____



Please make your check out to
The Dave Brumitt Foundation.
We thank you for your generosity!